



Comfort Magnets

Discover the
real secret
to manifesting
whatever you want!

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www.kristinkemp.com
www.Comfort+Magnets.com



**Discover the real secret
to manifesting whatever you want.**

**Harness the Law of Attraction using
this simple, powerful technique.**

Comfort Magnets

Discover the real secret to manifesting whatever you want

by Kris Kemp

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Cover illustration

Kris Kemp

www.KrisKemp.com

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About the Author

Kris Kemp is a writer, musician, photographer, traveler, creative entrepreneur. He's the author of numerous journals, screenplays, ebooks, a novel (the rails), a musical (Dumpster Diver the Musical). You can find links to his creative projects at www.KrisKemp.com and www.BicycleDays.com and www.KrisKempCreative.com

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Comfort Magnets

What do you want in life?

Is it possible to get whatever-it-is you want in life?

Love? Money? Travel freedom? Spiritual freedom? Emotional freedom?

(You charter this yacht for a week. You're comfortable with it.)



Feels amazing, right?

You're about to discover how to attract everything you want in life.

The theory I'm presenting to you isn't new.

It's a medley of principles, ideas, and theories that I've put into a simple concept that I call "Comfort Magnets".

I believe that anyone can use the concept of Comfort Magnets to attract whatever-it-is they want in life.

Here's the simple premise behind Comfort Magnets ...

You attract that which you become comfortable with.

Comfort - You become comfortable with the feelings of already having whatever it is you want

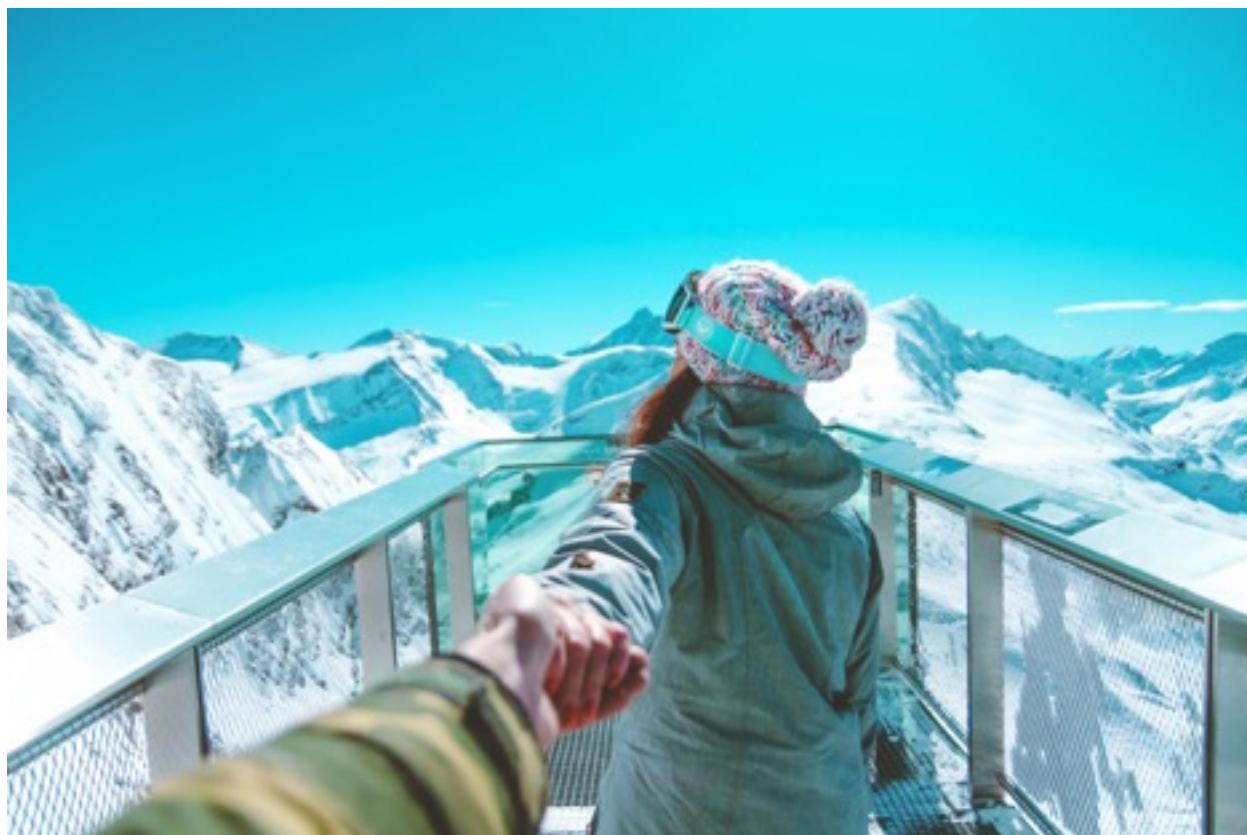
Magnets - As you become comfortable and familiar with that feeling, you will attract whatever it is you want

Let's take a closer look.

(Imagine living here for a month. Become comfortable with that thought.)



How to Use Comfort Magnets to Manifest Your Dream Life



1. Determine what it is you want in life.

Generally speaking, people want ... fame, fortune, freedom, friends, faith. They, sometimes, want all of these but typically want one of these the most, with the others ranging less in importance of priority.

Determine what it is you want in life.

Become clear about what you really want in life.

“The best way to predict the future is to create it.”

Dr. Joe Dispenza

neuroscientist, author (You Are The Placebo), speaker

You Are The Placebo

<https://www.youtube.com/watch?v=oUwohJxy7Y>

Joe Dispenza YouTube Page

https://www.youtube.com/channel/UCi5_jmhcvmj3cyo9JHh6UnA

Defining Intention - Dr. Joe Dispenza

https://www.youtube.com/watch?v=WP1yPCLJ6_s





2. Ask yourself: “If I already had what it is I want in life, how would I feel, act, dress, carry myself, walk, talk, eat, sleep, live”.

How would you act if you already had what it is you want in life?

Think about it. Feel it.

Become comfortable with the feeling of already having what it is you want.

Once you become comfortable and “act as if” you already have “what it is” you want in life, then you will be resonate on the same frequency and wavelength of “already having those things”. At the moment the frequency is matched on a vibrational level, you will be able to attract that thing, that situation, that event, that person into your life.

Once you get clear about what you really want, and you act “as if” you already have it, then inhabit that reality.



3. Inhabit the reality of “already having” what you want.

If you want to be rich, hang out where the rich people are hanging out--the clubs, cafes, restaurants, hotel lobbies, luxury car dealerships, the golf course. Dress well. Smell well. Behave well. Act rich. (If you're unable to afford a drink, buy a water.) As you continue to inhabit the places and situations of the wealthy, you will

become more comfortable with being wealthy. As you become more comfortable with being wealthy, opportunities will open for you to get wealth, and increase your fortune. Once you become comfortable with what it is you want in life, you will begin to attract that situation (what it is you want) in your life.



This is a blend of quantum physics, the law of attraction, and Neuro-Linguistic Programming.

Quantum Physics - our thoughts affect our reality

The Law of Attraction - when I act “as if” I already have something, then I will attract that “something”.

Neuro-Linguistic Programming - identifying your sorting style in order to quickly make changes, known as adapting modalities in order to make immediate changes that produce beneficial results.



4. Step into the Feeling with Ease and Delight

Once you step into the “ease and delight” of becoming comfortable with “already having” what it is you want, you will begin to attract “what it is you want”.



To sum up the “comfort magnets” formula / recipe ...

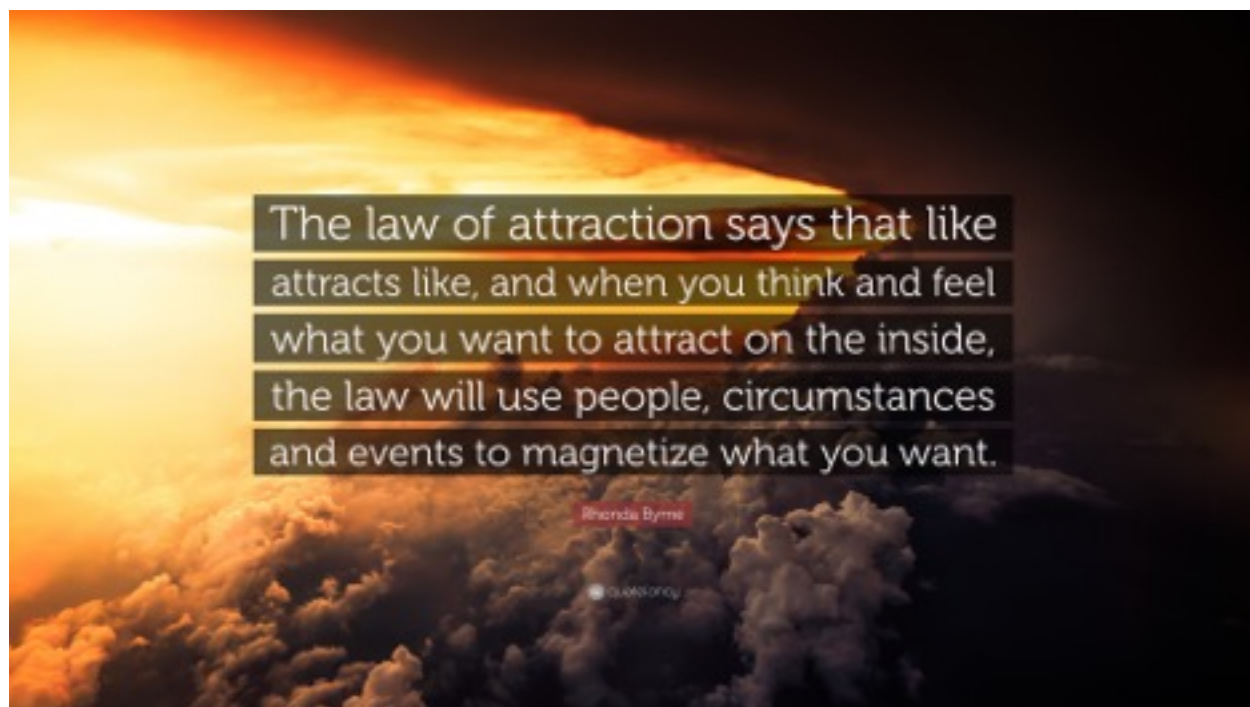
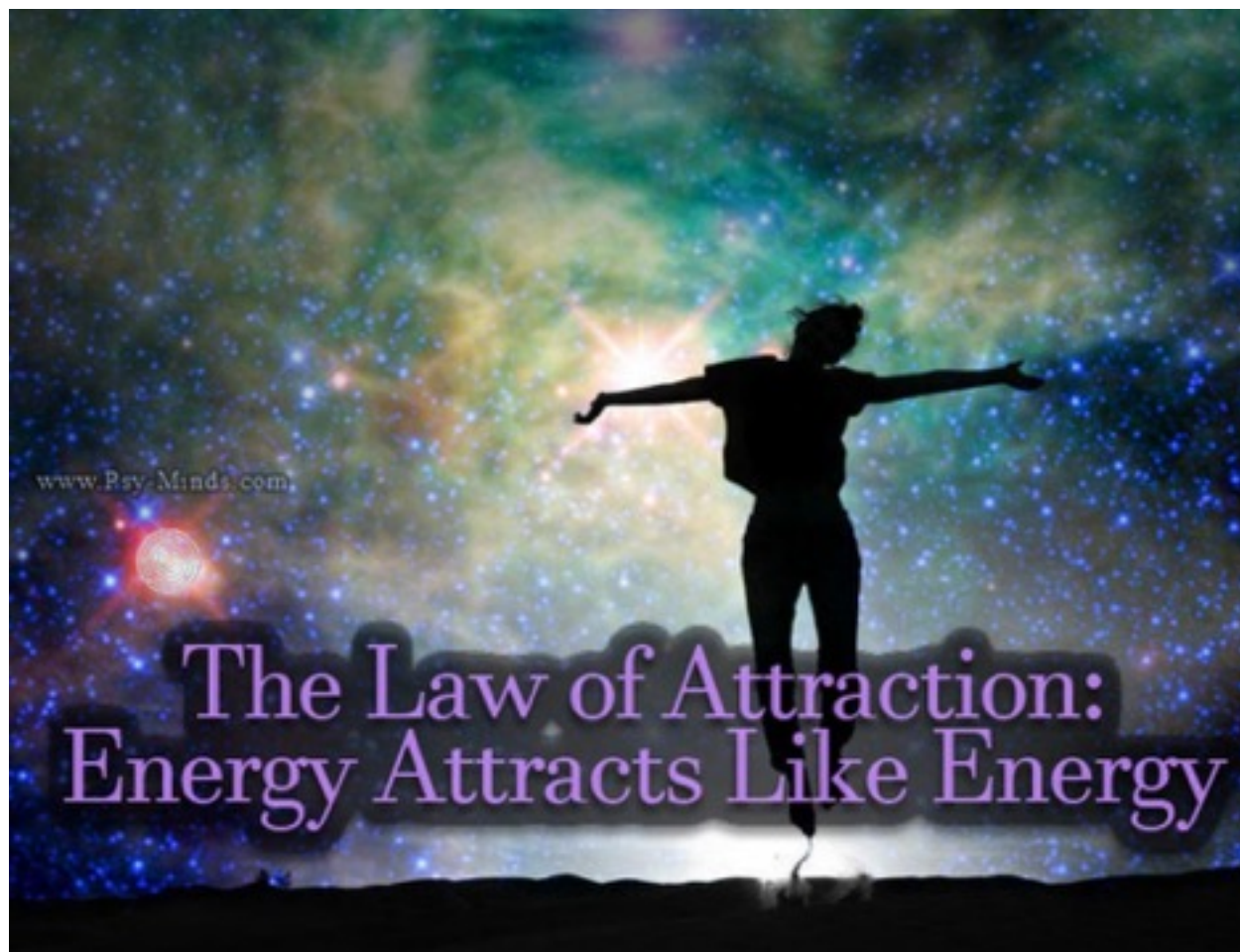
1. Identify what it is you want
2. Feel the feelings of “already having” what it is you want. Inhabit the reality of “already having” what it is you want.
3. Become comfortable with those feelings, so much so, that you act in accordance with “already having” what it is you want. In how you dress, how you carry yourself, how you talk, how you feel emotionally, how you eat and what you eat, how you sleep, how you enjoy your leisure time, how you move through the material and immaterial universe and multi-verse.
4. Once you step into the “ease and delight” of becoming comfortable with “already having” what it is you want, you will begin to attract “what it is you want”.

The Universe to the Multiverse

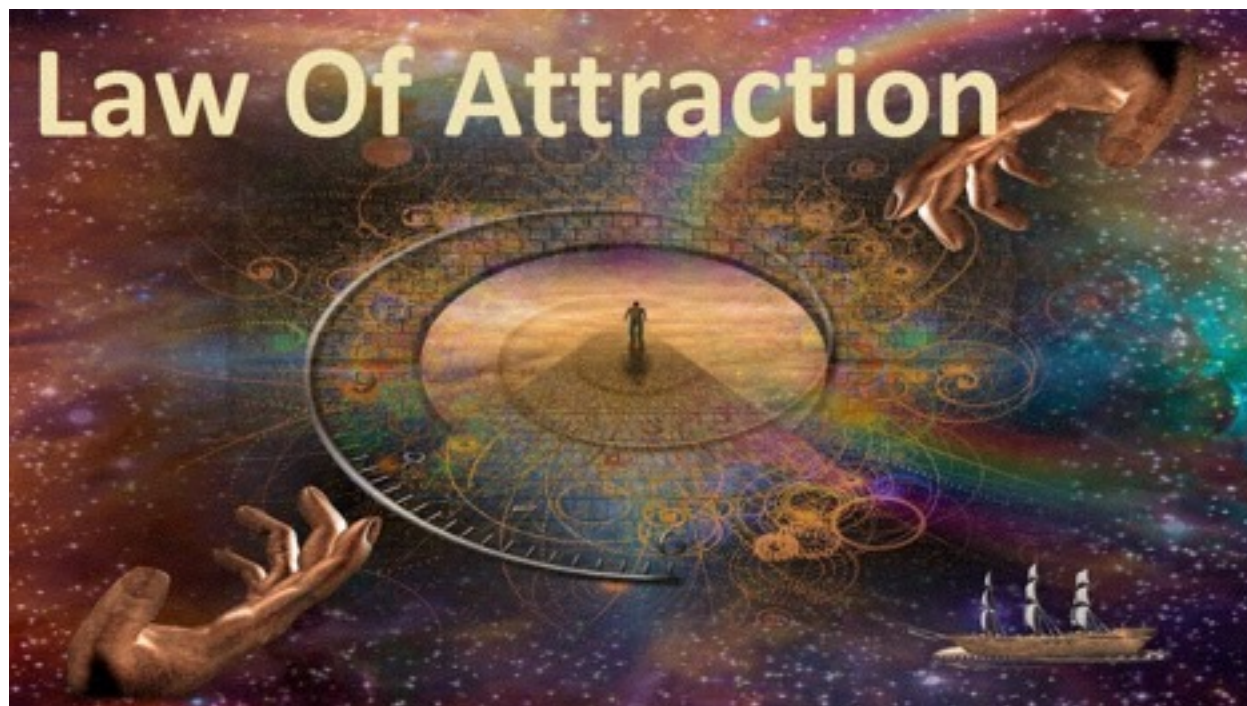
Learning the process of comfort magnets, you will realize that the universe (one dimension) becomes the multiverse (many dimensions) and that your thoughts are the key to unlocking the doors to other dimensions. The possibilities are endless.

I hope you read this again and put the techniques into motion by taking action. You can, quite literally, change your life, when you change your thoughts, change your actions, change your habits. The trifecta of changing, changing your actions, changing your habits will change your life.





The Law of Attraction in Action



Hey, I'm really excited about sharing this with you ... The Law of Attraction in action ...

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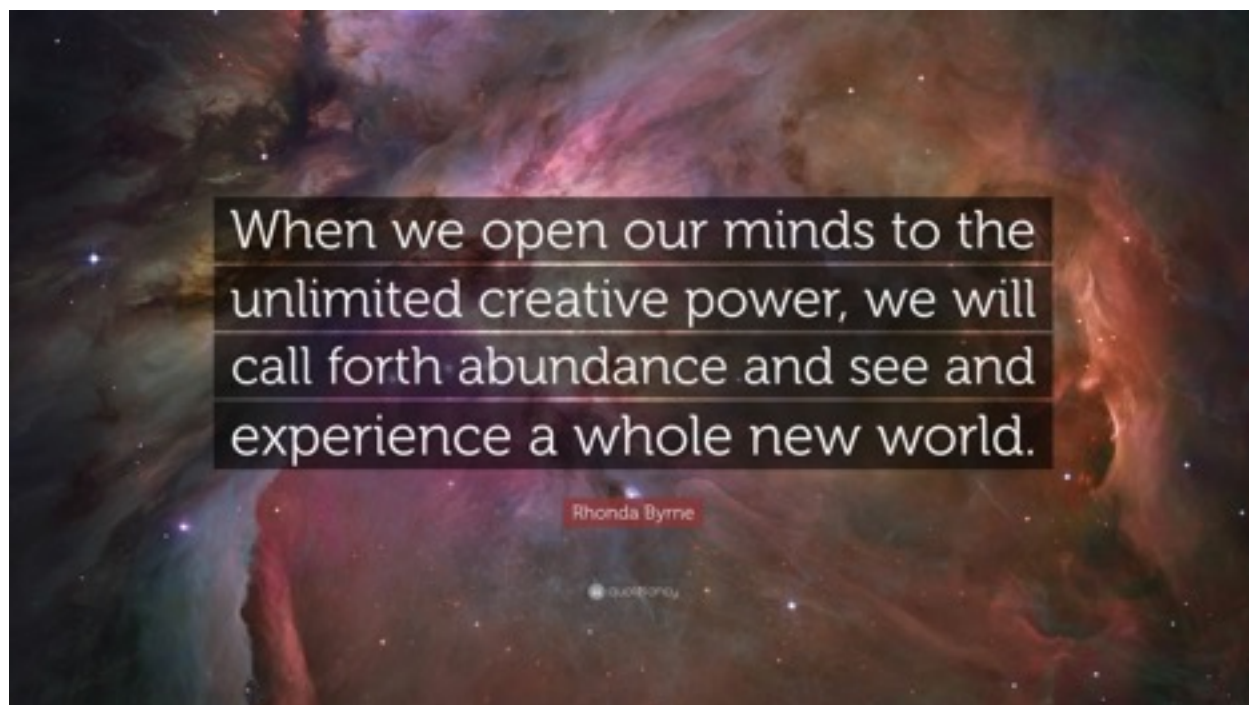
How to Attract Abundance with Positive Thoughts and Abilities

<https://www.law-of-attraction-haven.com/support-files/how-to-attract-abundance.pdf>

+++++

Some years ago, I was living in South Florida, renting a spare room at my sister's place.

At the time, I was traveling to North Florida and attending tax deed sales in several counties northwest of Gainesville. As this was my first time doing this, I got a little excited. And I bought too many properties.



When we open our minds to the unlimited creative power, we will call forth abundance and see and experience a whole new world.

Rhonda Byrne

quotefancy

I had some 50' x 100' land lots that weren't moving (selling). One night while eating takeout, and watching TV with my sister, I expressed my frustration of "not being able to sell the lots".

My sister had recently finished reading "The Secret" and she had also read a book about "The Law of Attraction". I had heard a little about both of these books, but, for the most part, I was unfamiliar with them.

"You've read 'The Secret', so do you have any ideas of what I could do to sell these properties?"

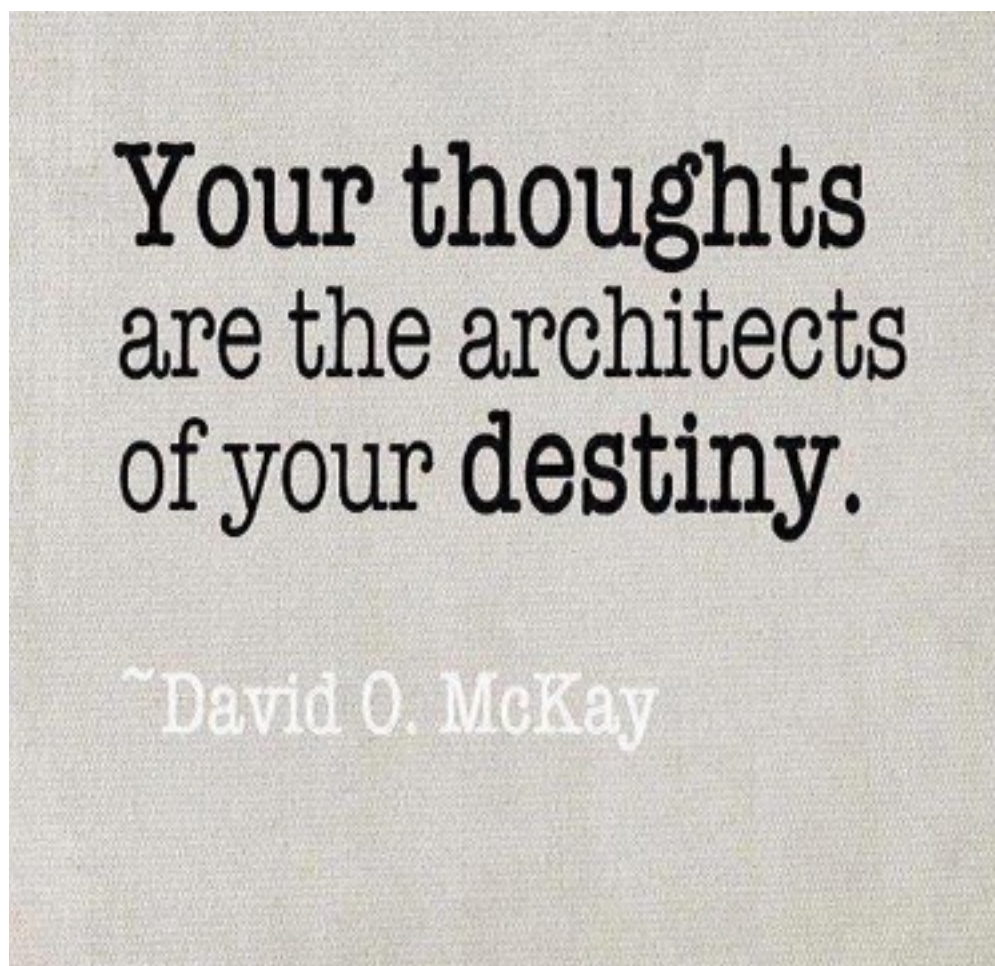
"What would you do if you sold them?" She asked. "I know you haven't sold them. But what would you do if you had sold them."

"I would draw up the deed and get the paperwork ready to be mailed out," I explained. "Buy some 8 and half by eleven envelopes, stamp them, put the addresses on them."

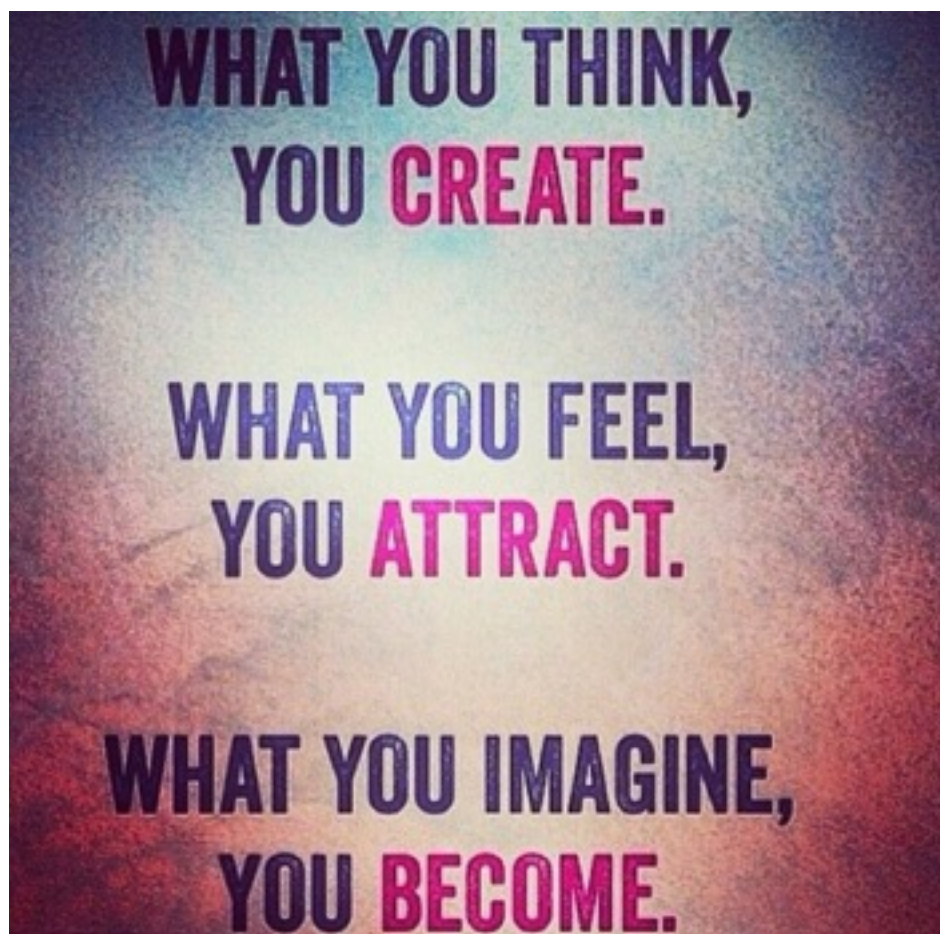
“With the Law of Attraction, it states that you have to act as if your desired outcome already happened,” Kim explained. “You have to get comfortable with it as already having happened, whatever your desired result or outcome is. So, with your real estate, you would prepare the paperwork as if you’ve sold it. And you can just leave the name and address of the buyer blank.”

I followed Kim’s advice. I purchased the envelopes, the stamps. I filled out the deed paperwork. I put the paperwork in the envelopes ready to go, and placed them on top of the dresser.

The properties, which I had been sitting on for months, sold within the next two weeks.



How to Apply Law of Attraction



1. Determine what it is you want.

Identify the desired results. Be specific. If you want a beautiful house, go online and find that beautiful house and download the picture to your desktop.

You can take a screenshot of it. Place the picture somewhere you will see it every day. On your desktop. On your phone. On your bathroom mirror. On your whiteboard.

When you look at the picture, feel the happiness and joy of already having

that desired outcome or result. Get comfortable with it. You can only attract what you become comfortable with. Once you become comfortable with something or someone, you are more likely to attract that something or someone, because you are resonating on the same frequency. Essentially, you are connecting on the molecular level.

2. Enjoy life.

Get in the best relationship with yourself. Soon, you will be moving through life with ease and delight. This is your birthright. You deserve happiness. Give yourself permission to succeed. Give yourself permission to be rich. Give yourself permission to be loved and to love. Give yourself permission for beautiful experiences that enable you to feel fulfilled, overflowing with gratitude and excitement, wonder, and curiosity.

3. Give Yourself Permission

Give yourself permission to receive good things. You can do this by getting in the best relationship with yourself. Treat yourself well. Until you treat yourself well, no one else will. It doesn't matter what you say. It matters what you do, how you behave, how you treat yourself.

When you treat yourself well, others will treat you well. When you expect others to treat you well, they will treat you well. This germinates from the seed, the seed of "giving yourself permission" (to succeed) that you drop into your subconscious mind.

Activate the Law of Attraction

Use the 3 steps above to put the Law of Attraction (LOA) into motion for your best interest. You can harness the LOA and steer it toward your dreams.

Failing to do so will might leave you stranded and unhappy, a mere cog in the machinery of someone else's dreams. This is one of the reason's why so many people are unhappy, because they're caught up in the the dreams of someone else who doesn't have their best interest in mind. Their dream has become your slow-motion nightmare, a fixed conveyer belt of mediocrity,

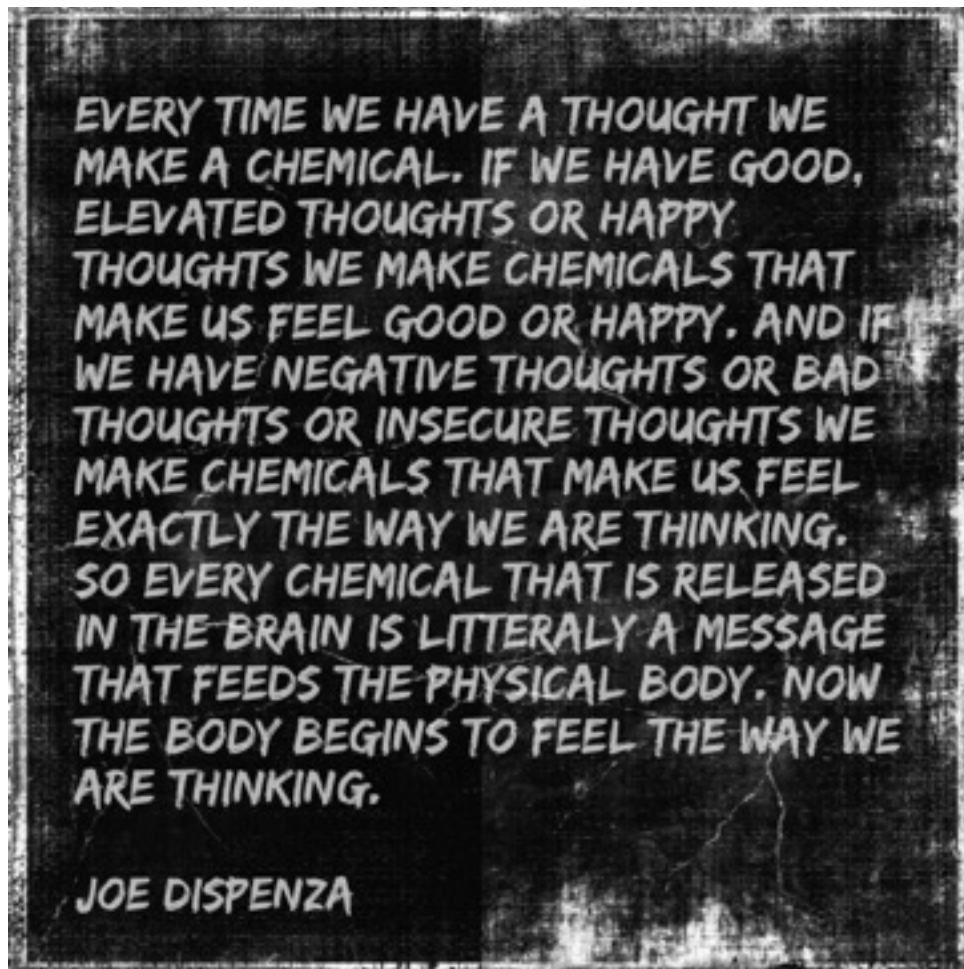
melancholia, and low standards inhabited by passionless people walking a treadmill of conformity.

Feeling stuck? Check out my latest ebook
www.30DaysToSuperPowers.com

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How to Attract Abundance
<https://www.law-of-attraction-haven.com/support-files/how-to-attract-abundance.pdf>

The Law and the Promise
<https://www.law-of-attraction-haven.com/support-files/the-law-and-the-promise-neville-goddard.pdf>



The Secret Sauce in the Law of Attraction



What is the secret sauce in the Law of Attraction?

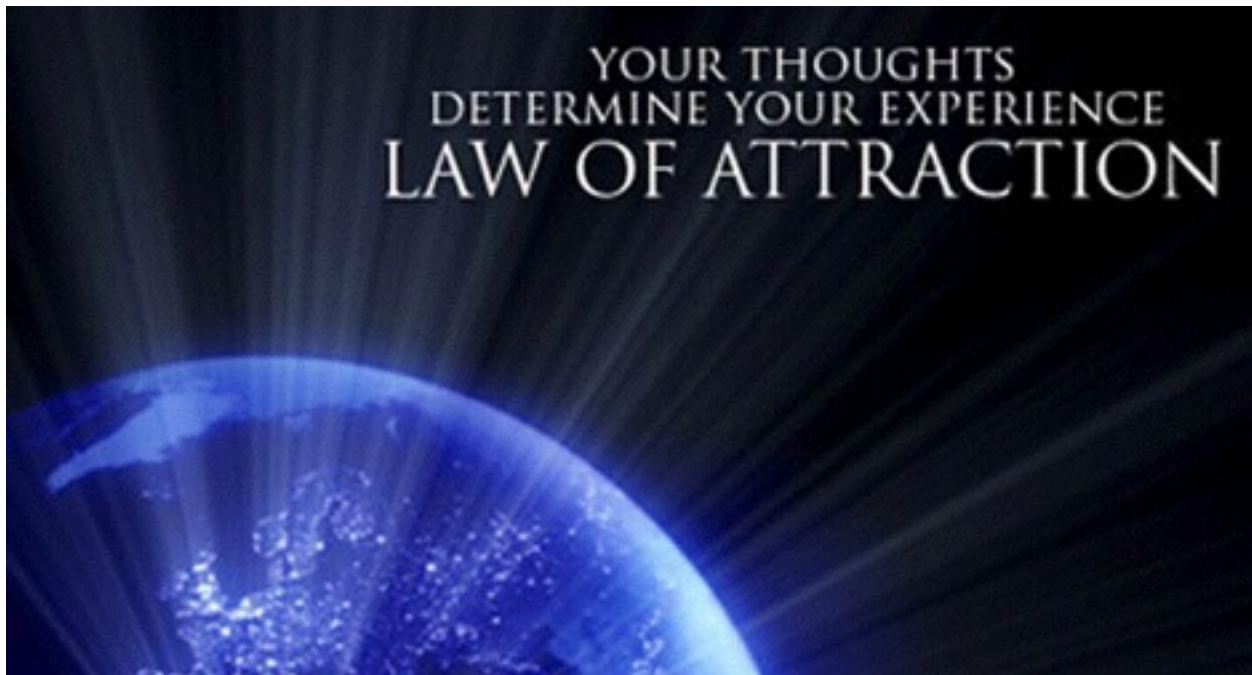
Get in the best relationship with yourself.

If you're not in the healthy relationship with yourself, how can you be in healthy relationship with anyone else.

Take your foot off the brake.

What are you afraid of? Success? Love? Attention?

Identify anything that you might be afraid of.



Give yourself permission to accept success, love, attention, or anything else your desire.

When you give yourself permission to accept these things, you will be able to let go of what you're afraid of, which has been preventing from you from attracting these things.

Ask yourself: What would my life look like if I have abundant success, love, attention?

Ask yourself: How do I feel now that I have abundant success, love, attention (or anything else you desire)?

Become familiar and comfortable with those feelings. Then, you will be ready to receive the abundance.

Once you become comfortable with what you want to attract, then you can more easily attract it.

Once you become comfortable with the feelings of what you want to attract, then you can more easily attract it.

I call this principle Comfort Magnets.

When you understand how to use Comfort Magnets, you'll understand how to manifest your desires.

Understanding Comfort Magnets, you'll discover how to harness the secret Law of Attraction to manifest your dream life.

Using the Comfort Magnets principle, you will learn how to attract whatever it is you desire.

Attract. Don't chase.



Root Causes, Surface Consequences



If you have a problem with anything in your life, the first thing you need to do is this: look under the hood.

Root Causes, Surface Consequences

Nearly every consequence in your life has a root cause. If you have a problem, or a challenge in some area, that challenge is a surface consequence stemming from a root cause.

If you really want to make a change in your life, one that lasts, you must first identify the root cause—the seed that's been planted in your subconscious that's springing forth into a tree, with branches (actions) and fruit (consequences).

Real change begins at the root level.

If you're fat and having a tough time losing the weight, identify the real issue.

I have a friend who's been struggling to lose weight. When I talked to her about it, she admitted that in high school, when she started developing, she got a lot of attention from guys.

"I've always been shy," she admitted. "I didn't know how to handle it. It's almost like gaining weight was insulation, a way to not get so much attention. I think I just couldn't handle it."

We surmised that her "gaining weight" was her protecting herself from the attention of classmates, because, for her, the attention was stressful. Her picture from high school and also, pictures from her early college years, proved her point: she was stunning. Although she is still attractive, her losing the fat would be her in the stunning category once more.

The takeaway is this: If you have a problem, an issue, a challenge, in your life that seems too difficult to overcome, identify the root cause. Address the real issue of the root problem. Make changes. And then, you'll be easily able to fix the surface problem.

Fix the engine. Then, paint the car.

You can, quite literally, change your life, when you change your thoughts, change your actions, change your habits. The trifecta of changing your thoughts, actions, habits will result in a completely new life, one that's greater than anything you can imagine.

Discover the Real Secret to Manifesting Whatever You Want

Is it possible to create the life of your dreams?

There are a variety of ways manifest whatever you want.



Comfort Magnets



In order to “attract” whatever it is you want in life, you must first become “comfortable” with already having it.

This principle has been discussed in *The Secret* and *The Law of Attraction*, and I believe that it is the shortcut that amplifies and accelerates the ability to manifest whatever-it-is you want in life.

Here is an overview.

Comfort Magnets

discover the real secret to manifesting anything you want

1. Identify what you want

Identify, specifically, what it is, and who it is—the situation, people, places, things, you would like in your life.

2. Feel the feeling of having it

Become comfortable with the feeling of already having these things in your life.

If you already have what you want, how would you feel? How would you dress? How would you behave? How would you talk? How would you act?

Act as if you already have what-it-is you want in life, and act accordingly.

Feel the feelings of already having what-it-is you want in life, and feel accordingly.

If you already had the life of your dreams, how would you feel?

If you already had the life of your dreams, how would you act?

Act as if you already have the life of your dreams.

Act as though it will be impossible to fail.
Dorothy Brand

Continue to act as if you already have the life of your dreams.

Continue “acting as if” and, eventually, you will become so comfortable with this new reality that your current familiar state of being will fall away, like the shedding of snake skin.

3. Surrender any circumstances

Surrender and let go of your current circumstances and everything attached to those current circumstances.

4. Release conditions

Release any conditions or restrictions on your future ideal life. Don't say "but it will never happen" or "but I don't have enough money", etc.

When you visualize your dream life, let go of any conditions that you are attaching to it.

Here's a few examples. The conditions are marked by the bold text.

I'd love to be rich but all **rich people** are jerks.

I'd love to be in a relationship but I don't want to date a **fat guy**.

I wanna start my own business but I don't want to deal with **people**.

I need to lose weight but I don't wanna be looked at by all those **self-absorbed people** at the gym.

5. Inhabit your new life

Continue to inhabit the thoughts and feelings of your ideal life, your new reality.

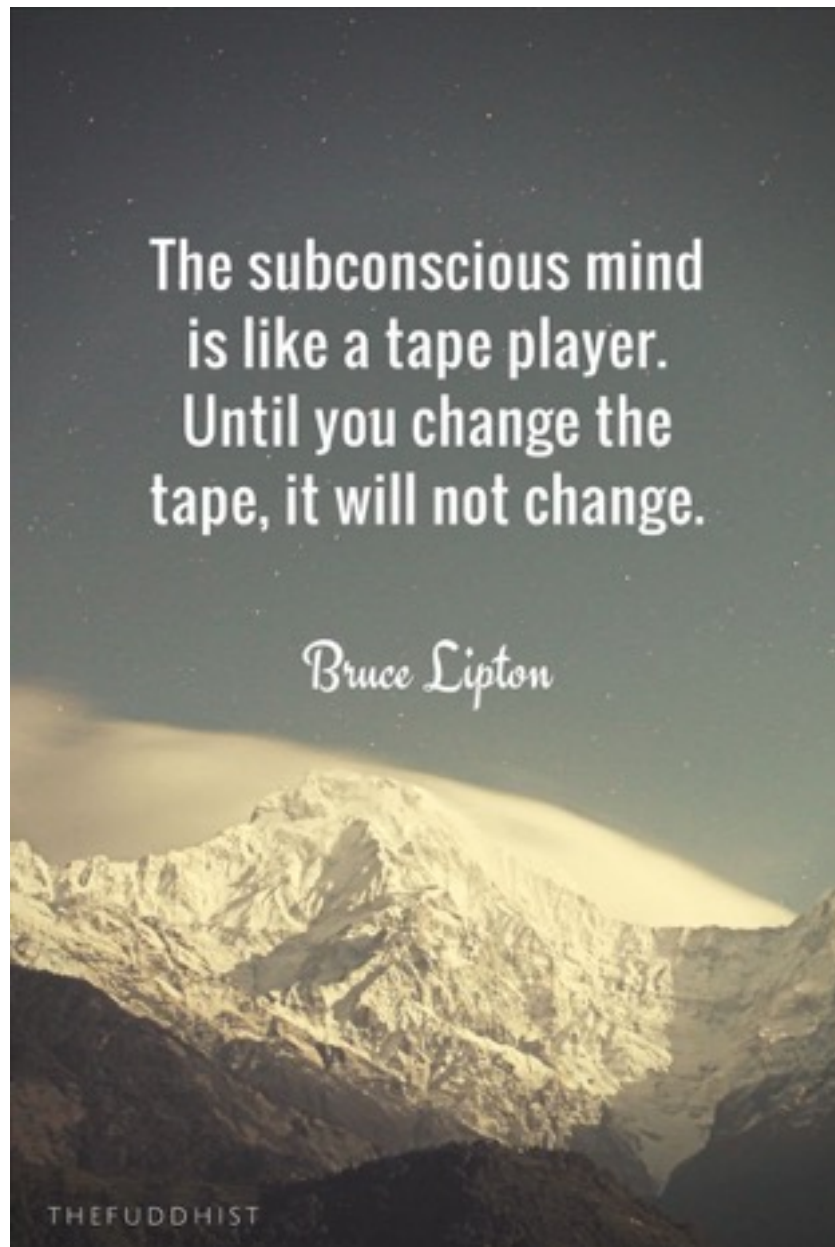
6. Trust the process

At some point, your thoughts (brain) and feelings (body) will supercharge and amplify your state of being to such a degree that the frequency of your intention will expand beyond its current wavelength, and increase in vibration to match a signal within the multiverse. As these signals connect (the signal is the key, the amplification is the hand that turns the key), the matching vibration of your ideal future will present itself in such a way that all you will have to do is step into it.

Comfort Magnets

The idea of comfort magnets is the theory that in order to attract something or someone, one must first become comfortable with having the feeling of already having that something or someone.

note: Employing the above strategies will amplify your state of being, allowing your current universe (one song) to merge with the multiverse (many songs). The priming of your thoughts (mind) and body (feeling) will prepare the state of being for the introduction and installation of a new operating system in order to navigate the multiverse.



The Manifestation Formula



Manifestation = Goal + Intention + Visualization

The breakdown of the manifestation formula

Goal - a desired result

+ Intention - determination to act in a certain way

+ Visualization - formation of mental visual images

= Manifestation - perceptible outward or visible expression

Manifestation (a perceptible outward or visible expression) = Goal (an idea of the future, a desired result that a person envisions) + Intention (a determination to act in a certain way) + Visualization (formation of mental visual images)

Create the Life of your Dreams



Manifestation is the bringing forth of a visible reality.

This starts in the mind.

Imagine how you want your life to be.

What would it look like? What would it feel like?

Inhabit that reality and become comfortable with it.

Give yourself permission to succeed and to become comfortable with the reality you want to inhabit.

Trust the process that is necessary to make that happen.



Create the Life of your Dreams

1. Create a goal

Identify where you want to be. Determine what you will have and by what date this will manifest in to your life.

2. Add intention

Intention is a mental state that represents a commitment to carrying out an action.

3. Make a Commitment

Commit yourself to carrying out an action.

4. Set a schedule

Set reminders of daily activities necessary to reach mini-goals that move you toward accomplishing the major goal.

5. Visualize

Visualize the outcome, the result, of your goals and your intention.

6. Inhabit

Inhabit the reality of that visualization and become comfortable with it.

7. Anchor

One way to accelerate the manifestation process is by anchoring it, with humor, prayer, meditation, or hypnosis.



How to Manifest Effortlessly

1. Be radically grateful of everything and everyone in your life.

If the things and people in your life do not serve you, ask yourself: What can I learn from this person or this situation? Sometimes, people and situations can teach us “what not to do”. As soon as you wake up, thank God with your thoughts and spoken words. Thank God for your life as it is and your life as it will become.

2. Forgive anyone who has hurt you.

If necessary, call them, text them, write them an email or a letter and forgive that person. Doing so allows you to let go of any burden of hurt or anger.

3. Anchor the visualization with humor.

Watching something funny and as you are laughing, think of the visualization that you intend to manifest. According to NLP-certified counselor, Terry Gamble, “Laughter is the highest kinesthetic state.”





Inhabit the reality and the feeling of Already Having what you want

Inhabit the reality and the corresponding feeling of already having what you want.

Immerse yourself in this reality and feeling until it becomes indistinguishable from your current reality.

Now, you are on the same frequency of this reality.

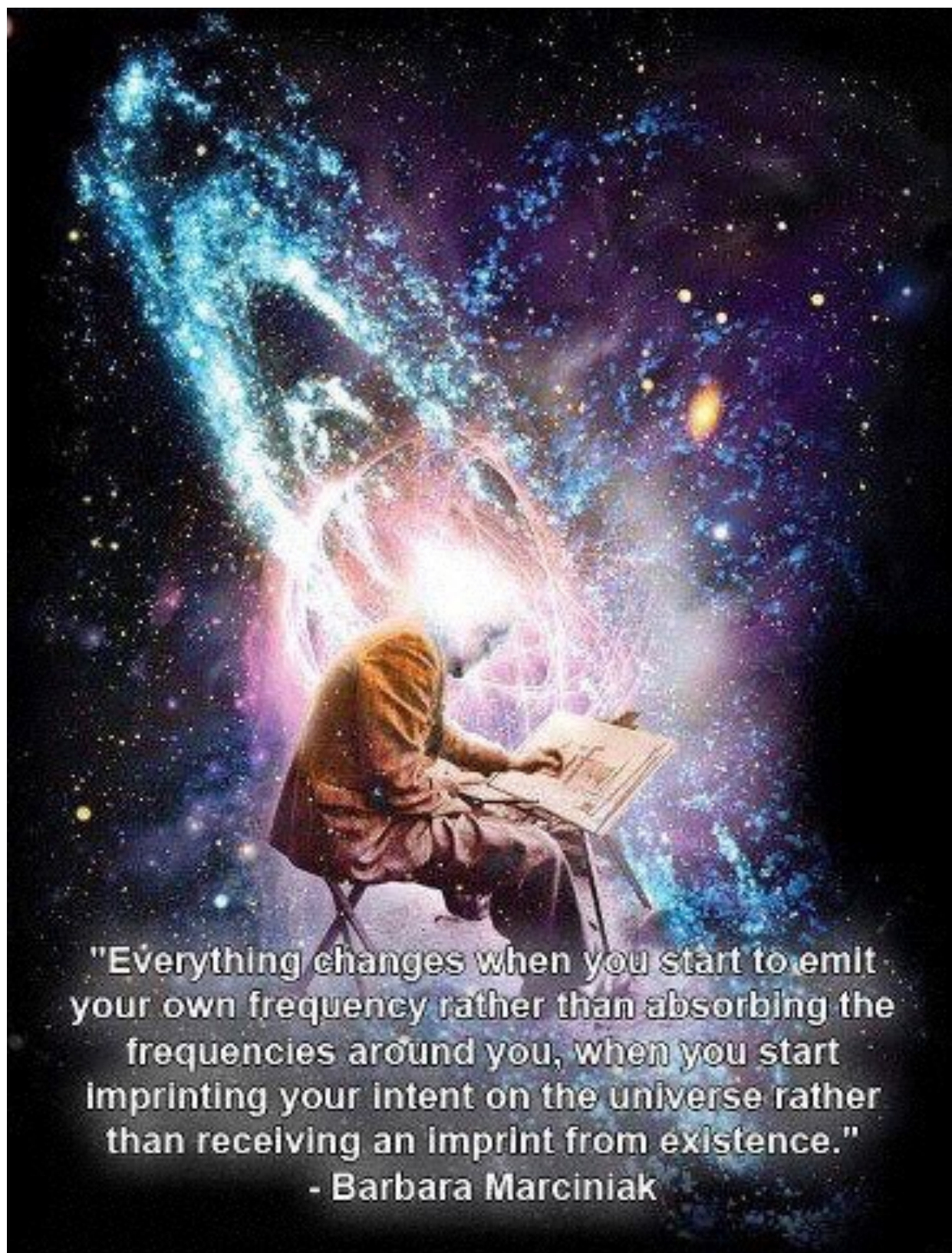
Now, you are on the same vibrational match of this reality. Now, you are inhabiting the same field of energy of this reality.

Everything you have ever wanted has been here all along. However, up until this point, you have been unable to recognize this because you were not in a vibrational match.

Matching the vibration, at the subatomic level, gives you the power to accept the ability to harness a new reality.

“Accept the ability to harness a new reality. It’s been there all along. Step into it with ease and delight.”

Kris Kemp



"Everything changes when you start to emit your own frequency rather than absorbing the frequencies around you, when you start imprinting your intent on the universe rather than receiving an imprint from existence."
- Barbara Marciniak



If you listen closely, you can hear the sound of time.
Kris Kemp

Think from a Future Experience

"Change your conception of yourself and you will automatically change the world in which you live. Do not try to change people; they are only messengers telling you who you are. Revalue yourself and they will confirm the change."

Neville Goddard, Your Faith is Your Fortune

WWW.IMAGINATIONANDFAITH.COM



The future is literally only a few moments ahead of yourself.

Imagination is one of the greatest of all vehicles for it is not limited by time.

Thinking “from” future experiences amplifies the manifestation process by adding “authority” to the act of visualization. This strengthens the process of deliberate creation.

So, if you really want to change your life ...

Do not think of a future experience, think from a future experience.

Inhabit the future reality of who you want to become and think from that future experience.

Think from a future experience.

Additional resources:

For the video that inspired this message, click the link below:

<https://www.youtube.com/watch?v=uxAoOxXiikA>

websites:

<http://www.audioenlightenment.com/neville-goddard-lectures>

<http://www.mindislife.com/tag/neville-goddard>

<https://freeneville.com>

YouTube channels:

<https://www.youtube.com/channel/UCozY8yTRtMY7qkHBhiQ7-1g>

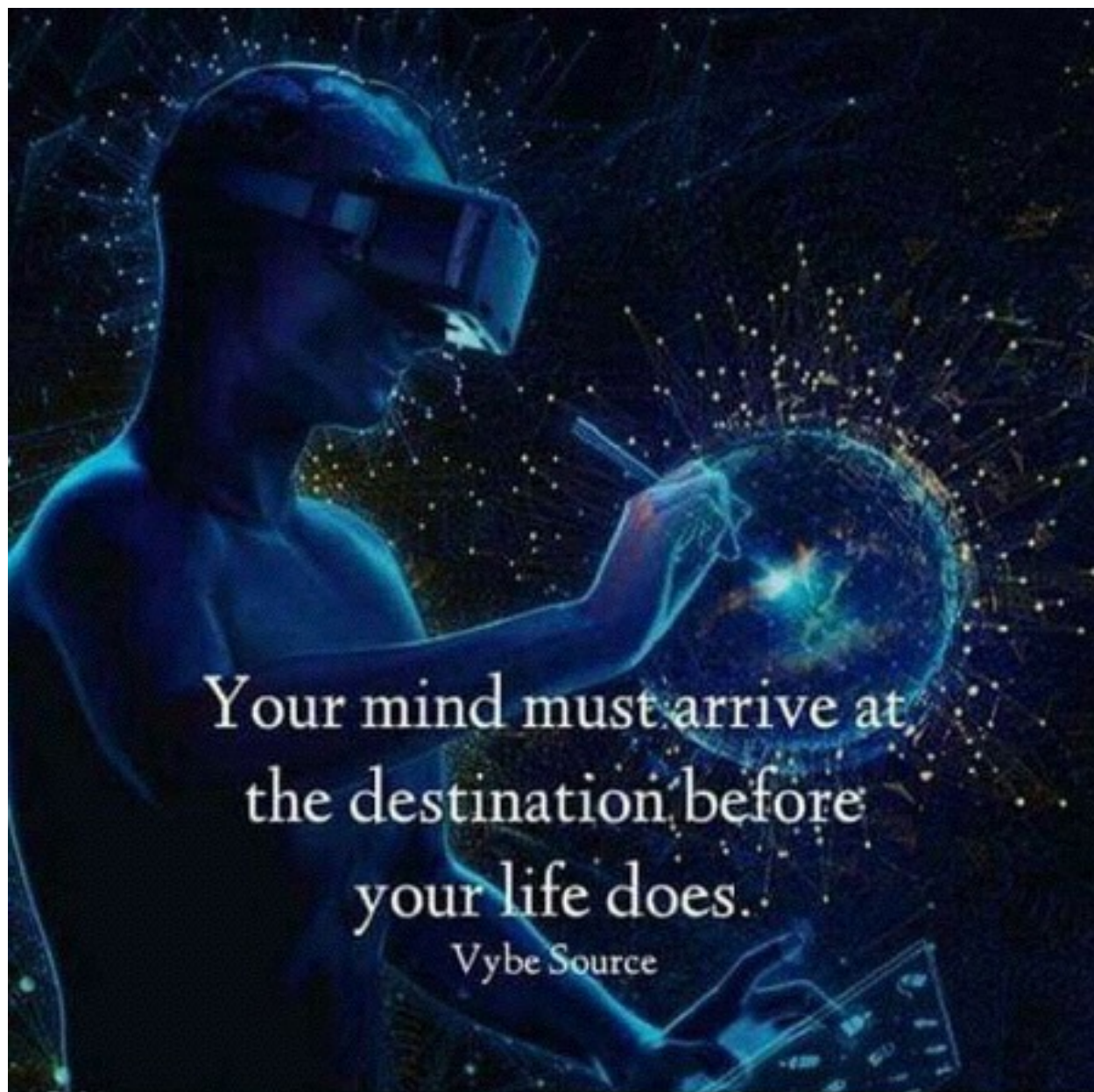
https://www.youtube.com/results?search_query=neville+goddard

How To Manifest Your Dreams

Neville Goddard said this in 1951: "The future dream must become a present fact in your mind.

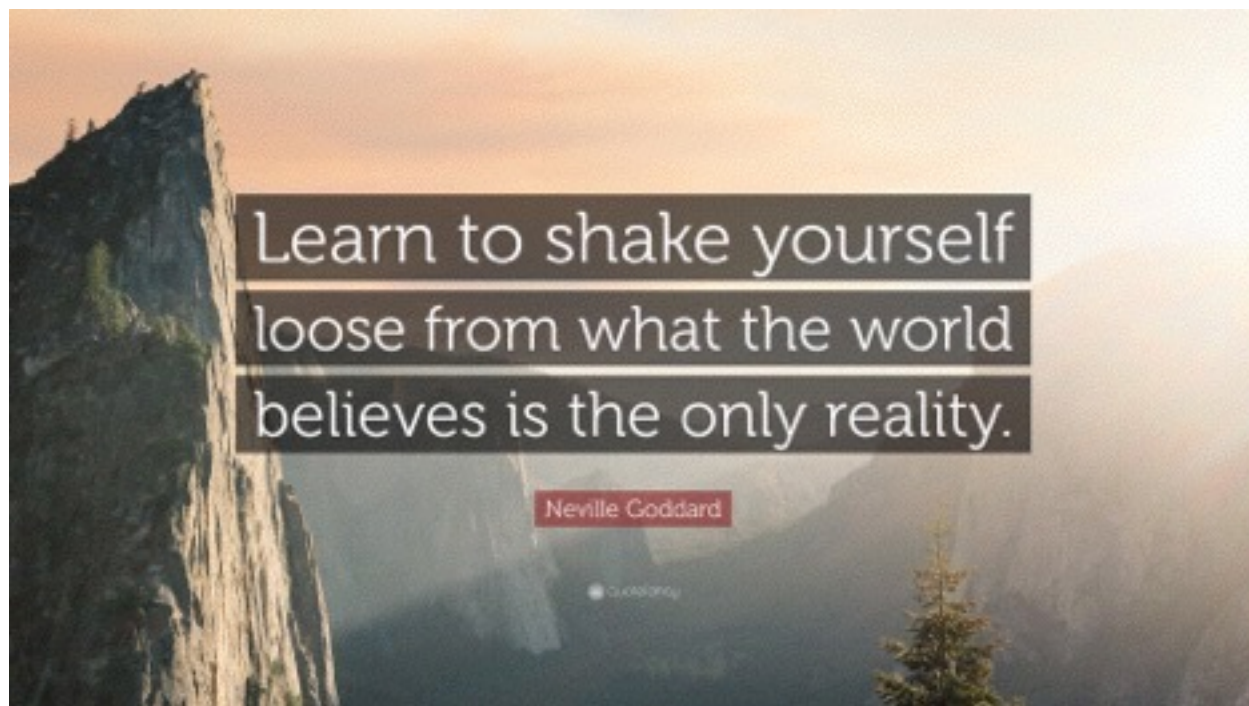
You must experience in imagination what you would experience in reality in the event you achieved your goal, for the soul imagining itself into a situation, takes on the results of that imaginary act.





Your mind must arrive at
the destination before
your life does.

Vybe Source



THE POWER OF YOUR AMAZING BRAIN

The conscious mind controls our brain only **5%** of the day, whereas the subconscious mind has a hold of our thoughts **95%** of the time!

You have **70,000** thoughts per day

Boost your brain power with Meditation, it's proven to increase IQ, relieve stress, and promote higher learning levels.

Listen to Music
Studies have proven that listening to music strengthens the brain and literally changes the structure.

Thoughts Are Real
Your thoughts cause biological and physiological effect - Your body responds to mental input as if it were physically real.

66.66667% FAT
Your brain is two-thirds fat. Myelin, the protective sheath covering your neurons is 70% fat. Eating fatty fish, green leafy vegetables, olive oil, avocados, chia seeds, flax seeds, and nuts, replenish your neurons and brain cells.

Loss of fatty acids EPA and DHA are linked to depression, Parkinson's and Alzheimer's

Potential



Our brain contains over 100 billion neurons each may have the ability to connect with 5,000 to 20,000 other neurons. The possibilities are endless.....



Comfort Magnets - an overview

You can use the comfort magnets formula to attract whatever it is you want in life, simply by becoming comfortable with the feeling of already-having-it.

If you want to attract more money, start carrying more money around on you. Little by little, increase the amount of money you carry. (Avoid bad areas.) Hang around rich people. Enjoy the comfortable chairs of a high end bank lobby. Be close to money. Once you become comfortable with having a lot of money, you will, inevitably, attract more money to you.

The same works for relationships, too.

If you're a guy, wear a wedding ring, or act like you have a girlfriend, even if you don't. Girls will "smell" the fact that you are in a relationship, that you've been pre-selected by another girl, and they will want to be near you.

If you're a girl, act confident and go to a place, all by yourself, where you know other guys will be. Act confident. Confidence is the only cologne / perfume that matters. Guys are attracted to confident girls, one reason being that guys don't want the burden of "her confidence" to rest on his shoulders.

Become comfortable with what you want to attract. Then, you will emit magnetic energy to attract that thing.

When you are comfortable with something or someone, you are vibrating on the same frequency and, therefore, you are a vibrational match.

This is actually backed up by science and the studies of cellular biologists. Dr. Bruce Lipton, a cellular biologist, speaker, and author (The Biology of Belief) has done extensive research that proves that thoughts can create changes on the cellular level. His work is groundbreaking and he is a pioneer in the study of epi-genetics (above genetics). Another pioneer in the field of mind power is Dr. Joe Dispenza, a

neuroscientist, speaker, and author (You Are The Placebo). Both of these scientists have a plethora of videos you can watch online that you'll find helpful and inspiring.

I go into the deep end of the pool on these topics in my latest ebook "Fix Your Life in 5 minutes or less". In the book, I dive deep into the topics of Neuro-Linguistic Programming (NLP), Means Values vs. Ends Values, The Law of Attraction, Comfort Magnets, Circles of Power theory, the subconscious mind, quantum physics, how to use NLP to understand someone's sorting style, and much more. Grab your copy at: www.KrisKemp.com or www.KrisKemp.com/FixYourLife

Comfort Magnets: The Formula

1. Identify what it is you want
2. Feel the feelings of “already having” what it is you want. Inhabit the reality of “already having” what it is you want.
3. Become comfortable with those feelings, so much so, that you act in accordance with “already having” what it is you want. In how you dress, how you carry yourself, how you talk, how you feel emotionally, how you eat and what you eat, how you sleep, how you enjoy your leisure time, how you move through the material and immaterial universe and multi-verse.
4. Once you step into the “ease and delight” of becoming comfortable with “already having” what it is you want, you will begin to attract “what it is you want”.

Do these techniques really work?

Yes. If you believe they work, they will work. Believe they will work. Then, take action based on that belief. Your beliefs, combined with the physical action, will produce results that exceed your wildest expectations. Become comfortable with what-you-want to attract. Give yourself permission to succeed. Trust the process.

Author's Note

Thanks for reading. I hope you put these strategies into motion. If you enjoyed this ebook, be sure to check out my other ebooks below. Simply click on the links below to go to their respective pages.

Kris Kemp :)

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