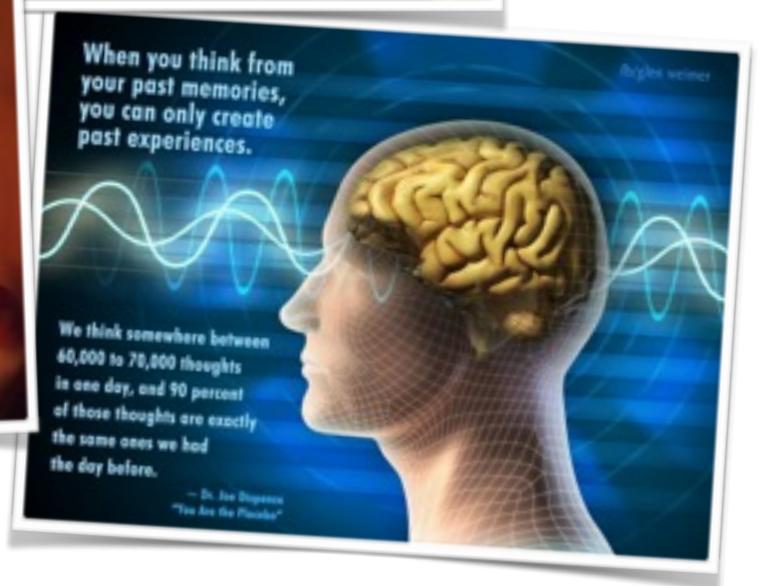
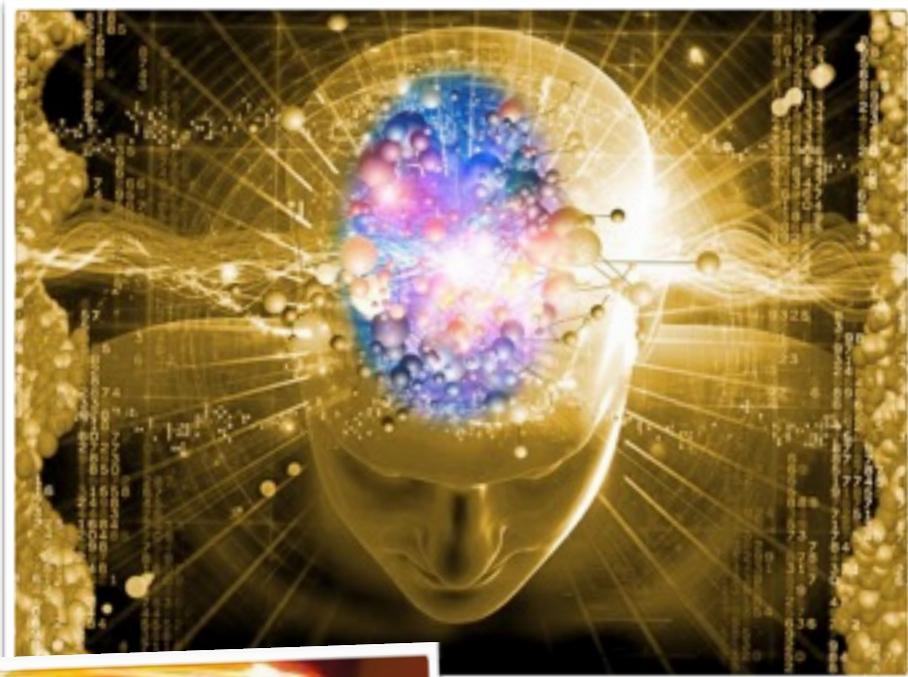


the Powerful Technique

you can use to change your life



by Kris Kemp

Everything is about to change

Prepare yourself to receive ...

An idea that is simple and profound.

You are moments away from uncovering a powerful technique that you can use to change your life in 5 minutes or less.

This powerful technique starts with one simple thing ...

The Power of Perspective.

Understanding the power of perspective is a critical component that will enable, and empower you to operate from a position of strength.

Change your perspective and you will change your life.

Perspective is (almost) everything.

Rory Sutherland: Perspective is Everything

<https://www.youtube.com/watch?v=iueVZJVEmEs>

When you understand perspective, you understand your version of reality.

And your version of reality—how you interpret your reality—has a profound effect on your life.



See the Potholes for what they are

Potholes are mere indents on the road of life.

The potholes are only as big as you want them to be.

Find your purpose and passion and move in that direction.

If you fail to set a goal with a vision of your future, you're likely to get caught up in the minutia of life and complain about non-essentials. Why? In order to prevent boredom and add drama to your life.

When you're moving in the direction of your dreams, there will be drama that inevitably comes your way, and managing and overcoming such drama will provide resolve and strength and sharpening of your senses and building of your muscles.

If you have not discovered your passion you may end up getting caught up in drama of small things that, in the long run, prove unfulfilling.

Identify your passion. Then, take action and move in the direction of your dreams.

Doing so, you will find focus and clarity and amplify the energy of your intention, so much so that you will attract the people, places, things, and situations to enable and empower your dreams to become a reality.

You can do it. The world is waiting for you to use your God-given gift, to unwrap the present that God has given you and to share it with the world. Your presence is their presents.

That gift, when unwrapped by that perfect stranger might be the one gift that enables them to realize they have options in life, that they are loved, that they are understood, that they are less alone.

The world is waiting for you.

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“The potholes are only as big as you want them to be.”

Kris Kemp

“Unless you know what you’re hungry for, you’ll inevitably get caught up in the machinery of some thing, some place, or some one.”

Darell Higgins

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That's an overview on the Power of Perspective and how you can use it to change your life.

Change your perspective. Change your life.

Change your choices. Change your life.

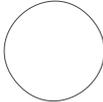
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Bonus ebook

Think and Grow Rich by Napoleon Hill

<https://www.law-of-attraction-haven.com/support-files/think-and-grow-rich-napoleon-hill.pdf>

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How to Attract Everything you Want in Life

You're about to discover how to attract everything you want in life.

The theory I'm presenting to you isn't new.

It's a medley of principles, ideas, and theories that I've put into a simple concept that I call "Comfort Magnets".



Click here to grab a copy of Comfort Magnets - Discover the Real Secret to Harnessing The Law of Attraction

www.ComfortMagnets.com

I believe that anyone can use the concept of Comfort Magnets to attract whatever-it-is they want in life.

Here's the simple premise behind Comfort Magnets ...

Comfort - You become comfortable with the feelings of already having whatever it is you want

Magnets - As you become comfortable and familiar with that feeling, you will attract whatever it is you want

How to Use Comfort Magnets to Manifest Your Dream Life

1. Determine what it is you want in life.

Generally speaking, people want ... Fame, Fortune, Freedom, Friends, Faith. They, sometimes, want all of these but typically want one of these the most, with the others ranging less in importance of priority.

Determine what it is you want in life.

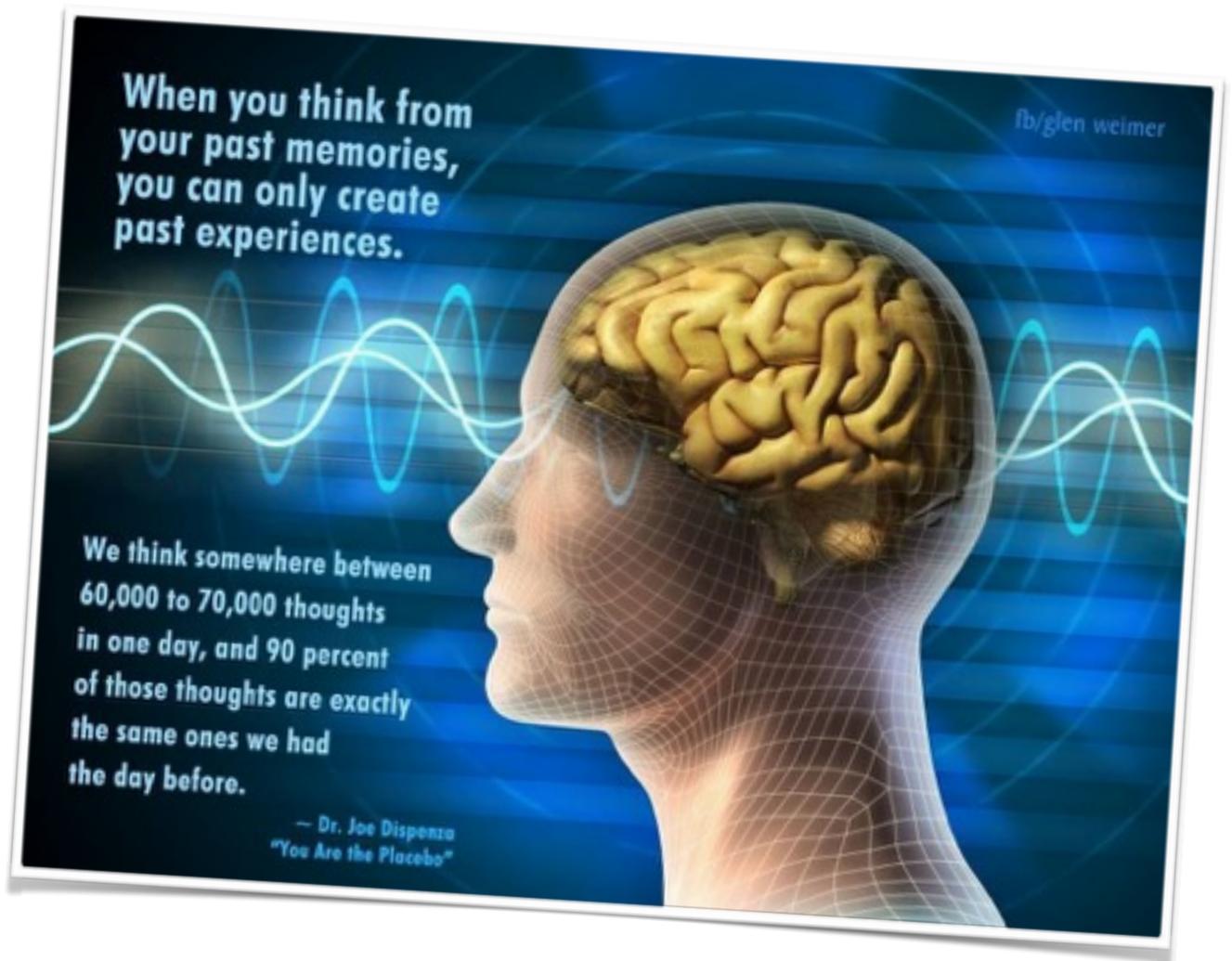
Become clear about what you really want in life.

Get clarity about what you want in life.

“The best way to predict the future is to create it.”

Dr. Joe Dispenza

neuroscientist, author (You Are The Placebo), speaker



Dr. Joe Dispenza YouTube page
[https://www.youtube.com/channel/
UCi5_jmhcvmj3cyo9JHh6UnA](https://www.youtube.com/channel/UCi5_jmhcvmj3cyo9JHh6UnA)

You Are The Placebo - Dr. Joe Dispenza
<https://www.youtube.com/watch?v=0Uw0hJxy7Y>

2. Ask yourself: “If I already had what it is I want in life, how would I ...” act, dress, carry myself, walk, talk, eat, sleep, live.

How would you act if you already had what it is you want in life?

Think about it. Feel it.

Become comfortable with the feeling of already having what it is you want.

Once you become comfortable and “act as if” you already have “what it is” you want in life, then you will be able to attract that thing, that situation, that event, that person.

Once you get clear about what you really want, and you act “as if” you already have it, then inhabit that reality.

3. Inhabit the reality of “already having” what you want.

Once you become comfortable with what it is you want in life, you will begin to attract that situation (what it is you want) in your life.

This is a blend of quantum physics, the law of attraction, and Neuro-Linguistic Programming.

Quantum Physics - our thoughts affect our reality

The Law of Attraction - when I act “as if” I already have something, then I will attract that “something”

Neuro-Linguistic Programming - identifying your sorting style in order to quickly make changes, known as adapting modalities in order to make immediate changes that produce beneficial results

To sum up the “comfort magnets” formula / recipe ...

1. Identify what it is you want
2. Feel the feelings of “already having” what it is you want. Inhabit the reality of “already having” what it is you want.
3. Become comfortable with those feelings, so much so, that you act in accordance with “already having” what it is you want. In how you dress, how you carry yourself, how you talk, how you feel emotionally, how you eat and what you eat, how you sleep, how you enjoy your leisure time, how you move through the material and immaterial universe and multi-verse.
4. Once you step into the “ease and delight” of becoming comfortable with “already having” what it is you want, you will begin to attract “what it is you want”.

Learning process of comfort magnets, you will realize that the universe (one dimension) becomes the multiverse (many dimensions) and that your thoughts are the key to unlocking the doors to other dimensions. The possibilities are endless.

Is it really that easy?

Yes!

Taking Inventory

Sometimes, before you can even begin to assess a situation, such as determining what it is you want in life, you need to take inventory of who you are and the people, places, situations, and things you are surrounded by.

You might be overwhelmed by emotional and physical clutter.

So much so that you're maintaining your life rather than living your life.

I'm going to share with you a few simple, and powerful, techniques you can use to ...

1. Handle the overwhelm
2. Shed the emotional clutter

Overwhelmed? Here's a 5 Minute Solution

Are you overwhelmed by emotional clutter and physical clutter?

Overwhelmed by emotional clutter?

By nagging emotional baggage that's weighing you down?

Overwhelmed by physical clutter—the stuff you own?

Surrounded by a mountain of things?

Feeling trapped?

I'm going to show you how to handle the overwhelm and shed the emotional clutter.

How to handle the overwhelm - How to get rid of stuff by letting things go

Imagine that you're inside your house and it's on fire.

You have ten minutes to take whatever you need with you.

Keep that.

Donate, sell, give away the remaining stuff.

If you're still having difficulty making a decision about what to keep, go deeper inside yourself.

Let's take a swim in your mind, from the conscious level to the unconscious / subconscious level.

Come with me ...

Up the ladder to the "high jump" diving board ...

On to the diving board ... you walk to the edge of the diving board ...

You jump into the air, bounce off the diving board of your dreams ...

Ascending upward and forward, propelled into the air ...

You ascend upward a few feet ...

Then, density takes effect ...

Your body descends toward the pool ...

You are descending, in slow motion, toward the pool of your imagination ...

Your feet hit the water and quickly, your body follows suit ...

Plunging into the cool water, descending toward the bottom of the pool.

You look around.

You're in the deep end.

You're in the subconscious (below conscious) level of the pool.

This is the root drive of your Operating System (OS).

This is the essence of who you are.

Here, under the water, is where you can ask your real self, why you do what you do.

Why do you own all these material possessions?

Why are you afraid to get rid of all this stuff you own?

Because you are assigning "meaning" (significance, importance) to it.

And, in doing so, you are finding an identity.

Without planning to, you've inadvertently gotten into a relationship with your things.

So much so, that the the stuff that you think you own now owns you.

How do you change this?

By giving yourself a new identity.

Choose who you want to be, and then step into that “circle of power”.

Do you want to be a writer? An actor? A traveler? A photographer? An artist? A combination of these?

Imagine a circle in front of you. Imagine that, when you step into that circle, you have the qualities/habits/traits/skills of that profession.

Then, step into that circle.

Now that you are in the “circle of power” of that profession, look at your former “circle of power”, and see all the stuff that’s sitting in that circle of power, that’s attached to your old identity.

Is there anything you need in there? If so, reach out and take it. If not, let it go.

The new you has what you need.

The things you have no use for, let go of, give away to someone else, leave them on the curb.

When you become lightweight, you’re able to navigate new territories, slip into new situations, climb trees, scale buildings, squeeze through narrow spaces to find opportunities on the other side.

You’ll learn the beauty of accumulating experiences, not things.

How to shed emotional clutter

1. Raise your standards. If someone does not meet your standards, drop them, immediately, from your life.
2. Be assertive. Say what you mean and mean what you say. When your thoughts (brain/mental) match/align with your feelings (body/actions), you are in congruency. I call this congruency the “state of being”, which situates itself at the intersection of your thoughts (brain) and feelings (body).
3. Say “no” to gossip. Gossip is an energy-drain. If you’re going to talk about someone, speak positive about them. If someone comes to you with gossip about someone else, politely excuse yourself. If they ask you why, tell them the truth.

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Amazing, right?

Are you still struggling?

Are you unhappy with life and relationships?

If so, I’ve got a simple solution that takes about 15 minutes to put into motion.

Unhappy with Life and Relationships - This Simple Solution Will Rock your World

Anyone can find happiness in life and relationships.

I'm going to share with you The 3 Secrets of Happiness, and a bonus action that you can put into motion immediately, that will enable and empower you to find happiness in life and relationships.

Let's start.

The 3 Secrets of Happiness

1. Always have something in life to look forward to.

Think of something that you like to do and then plan to do it. Throughout the day, think of that "fun thing". Think of the delicious meal you're planning to have with a good friend after work. Imagine how fun it will be to go dancing. If you're feeling unhappy, remember that fun thing that you are looking forward to doing. Always have something in life to look forward to.

2. Don't expect the sun to rise and set on anyone else's shoulders.

If you expect this person, this guy, this girl to make you happy, you are placing an unrealistic expectation on them. At the same time, you are being irresponsible with your own happiness. If you constantly expect other people to make yourself happy, you're likely to find yourself sometimes disappointed. "Expectations are premeditated resentments." - Alex Wells Don't expect the sun to rise and set on anyone else's shoulders, except your own.

3. Understand that everyone's chasing a feeling.

When people say they “want something”, they actually want “the feeling” that’s attached to that “something”. I visit Palm Beach, Florida, usually during the holiday season, and enjoy walking along Worth Avenue. I’ll admire the beautiful cars and the lovely houses and sometimes say “that would be nice to have”. Looking at the beautiful cars and houses, I get “a feeling” that I’m attaching to the car or house. It’s actually not the car or house I want, it’s the-feeling-that-I’m-attaching-to-it that I want.

This happens in relationships. You see a beautiful boy or girl, man or woman, and you get a feeling. You attach a feeling to them, a feeling to “being with them”. Maybe you date them. Maybe the relationship goes south. And then you miss “the feeling” that you had when you were with them.

Everyone’s chasing a feeling.

Bonus Action

Here’s a bonus action that you can put into motion immediately to find happiness in life and relationships.

Identify your passion, what it is you want to do, and move (take action) in that direction to accomplish that goal.

Progress = happiness.

It’s that simple.

Here’s an amazing video that will motivate, challenge, and inspire you to find your purpose and your passion.

Tony Robbins: Find your Passion

<https://www.youtube.com/watch?v=F3jGGaHOHoo>

Awesome, right?

Using the simple, powerful techniques above, you're entire life will change for the better.

I hope you've enjoyed this ebook, The Powerful Technique.

The techniques that I mentioned have helped me and I know they can help you, too.

If you like this content, visit: www.KrisKemp.com and sign in with your name & email to get powerful strategies to live a fulfilled life. Within the emails, I offer links to free ebooks and helpful videos.

I've written a bunch of ebooks and I'd love for you to check them out. Each ebook contains valuable and powerful strategies you can use to change your life for the better. And they all come with a 100% satisfaction lifetime guarantee. Visit the websites by clicking the links below.

www.30DaysToSuperPowers.com

unleash your superpowers

www.ComfortMagnets.com

discover the Real Secret to Harnessing the Law of Attraction

www.The3SecretsOfHappiness.com

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www.KrisKemp.com

change your life, in 5 minutes or less

www.TravelCheapBluePrint.com

travel Europe like we did, for \$5 a day or less

www.FlipFloridaLand.com

discover how to find, buy, and flip properties—land, houses, mobile homes—in Florida or anywhere else in the U.S. for fun & profit; if a college dropout (me) can do it, so can you

www.TheShiftDiet.com

shift your thinking, lose the weight; weight loss in 30 days, guaranteed

www.HowToTravelEuropeCheap.com

travel Europe like we did, for \$5 a day or less

BicycleDays.com

inspiring photos + illustrated quotes

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If you enjoyed this content, visit www.KrisKemp.com and sign in with your name & email. I recently finished a 231 email sequence that I'm adding to the autoresponder (automated emails), so when you sign up, you'll receive all 231 emails, usually 2 emails a week, that are content-rich and many contain links to free ebooks and helpful videos.

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